



## “Enhanced Recovery After Surgery (ERAS) Protocol”

This self-study module is made from a live recording of the CME conference on Monday, July 8, 2024.

### Guest speaker

**Bradley R. Lewis, MD**

Licking Memorial Anesthesiology

### Objectives

At the conclusion of this session, attendees will be able to:

- Describe multimodal techniques used to manage pain for total joint surgery
- Identify patient benefits associated with utilizing (ERAS) protocols
- Understand the use and efficacy of peripheral nerve blocks used in ERAS for total joint surgery

### References- For future study if desired

[Cavallaro P, Bordeianou L. Implementation of an ERAS Pathway in Colorectal Surgery. Clin Colon Rectal Surg. 2019 Mar;32\(2\):102-108. doi: 10.1055/s-0038-1676474. Epub 2019 Feb 28. PMID: 30833858; PMCID: PMC6395097.](#)

[Bansal T, Sharan AD, Garg B. Enhanced recovery after surgery \(ERAS\) protocol in spine surgery. J Clin Orthop Trauma. 2022 Jul 9;31:101944. doi: 10.1016/j.jcot.2022.101944. PMID: 35865326; PMCID: PMC9293758.](#)

**Accreditation:** Licking Memorial Hospital is accredited by the Ohio State Medical Association to provide continuing medical education for physicians.

**Designation:** Licking Memorial Hospital designates this as an enduring material activity for a maximum of **1 AMA PRA Category 1 Credit™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Presenters Disclosure:

Bradley Lewis, MD, faculty for this educational activity does not have any relevant financial relationships with ineligible companies to disclose.

**Planners and Reviewers Disclosure:** The following Medical Education Planning and Library Committee members of this activity \*Craig B. Cairns, M.D., M.P.H., Chair, Vice President Medical Affairs; Bashar Alawad, M.D., Hospital Medicine; Emilia N.U. Anigbo, M.D., Pulmonology; Garth A. Bennington, M.D., Family Practice; Joseph E. Fondriest, M.D., Radiology; Thomas Hagele, M.D., Dermatology; John P. Lazar, M.D, Pediatrics; Henry Y. Lu, M.D., Anesthesiology; May U. Mbah, D.O., Hospital Medicine; Elizabeth W. McIntosh, M.D., Family Practice; Nicole C. Miller, D.O., Pathology; D’Anna N. Mullins, M.D., Oncology; Gurunathan Palani, M.D., Endocrinology; Elizabeth A. Yoder, D.O., Psychiatry; Virginia Andrews, R.N., Quality Manager; Jean L. Glaser, RPh, Pharm D, Director of Pharmacy; Stephen J. Gombos II, MT(ASCP), Director of Laboratory; Christine Long, BSN, RN, Risk Manager; Kimberly M. Mathis, Patient Experience Manager; Lorei A. Kraft, BS, MT(ASCP)SH, Assistant Vice President Laboratory and Oncology Services; Brian K. Thatcher, Director of Quality Management and Process Improvement; Angela J. Wallace, MSN, R.N., Director of Surgery; Janet Wells, Medical Staff Services Manager, and Jessica Adamson, CME Coordinator, which are planners, reviewers, for this educational event. Individuals identified have no relevant financial relationship(s) with ineligible companies to disclose. These committee members are not personally compensated for their role.

#### Activity Notes:

- **Participant Threshold:** To be awarded CME credit for this session participants must listen to recording and complete the evaluation.
- **Target Audience:** Open to all physician learners, clinical partners, nursing staff
- Free and no registration necessary.
- **TOTAL KNEE AND HIP QUALIFIED ACTIVITY.**  
*This course is required for Anesthesiology, Hospitalists, and Orthopedics.*

#### ACTIVITY INFORMATION

Created: 11/11/2024 Review Due: 11/11/2025

Active Period: 11/11/2024 – 11/11/2027

Activity Duration: 1 hour to complete.

Activity media: Video recording of Monday Noon CME.